

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Breakfast Bagel w/ Cream Cheese Daily Fruit Lunch Swedish Meatballs (b) w/ Rice Vegetable of the Day Fruit	3 Breakfast Sausage Breakfast Pizza (t) Fruit & Juice Lunch Beef Nachos w/ Cheese Sauce Black Beans Fruit	4 Breakfast French Toast Sticks Daily Fruit Lunch Teriyaki Burger (b) Daily Vegetable Assorted Fruit	5 Breakfast Pork Sausage w/ Rice Fruit & Juice Lunch Breaded Chicken Sandwich Daily Vegetable Fruit	6 Breakfast Assorted Muffin Fruit Lunch Cheese Pizza Daily Vegetable Fruit
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Lunch Includes your CHOICE of Fruit or Vegetable (or both)

9 Breakfast Benefit Bar Fruit Lunch Cheese Burger Daily Vegetable Assorted Fruit	10 Breakfast Biscuit Sandwich w/ Bacon (p) & Egg Fruit & Juice Lunch Pork Tacos Pinto Beans Daily Fruit	11 Breakfast Yogurt Toast w/ Jelly Fruit Lunch Chicken Nuggets W/ Rice Daily Vegetable Fruit	12 Breakfast Cold Cereal Fruit & Juice Lunch Bistek w/ Rice (b) Daily Vegetable Fruit	13 Breakfast Cheese Omelet w/ Rice Fruit Lunch Fish Sandwich Daily Vegetable Fruit
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Our Menus follow USDA guidelines for school nutrition serving a variety of whole grains weekly

16 Breakfast Bagel w/ Cream Cheese Fruit Lunch Chili Dog (b) Daily Vegetable Fruit	17 Breakfast Biscuit Sandwich w/ Pork Sausage & Cheese Fruit & Juice Lunch Beef Tacos Black Beans Daily Fruit	18 Breakfast Breakfast Pizza (t) Fruit Lunch Orange Chicken Rice Daily Vegetable fruit	19 Breakfast Mini Pancakes Fruit & Juice Lunch Eggless Loco Moco (b) w/ Rice Daily Vegetable Fruit	20 Breakfast Yogurt Graham Crackers Fruit Lunch Pepperoni Pizza (p) Daily Vegetable Fruit
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Meat types are clarified with a (p) for pork, (t) for turkey and (b) for beef

23 Breakfast Stuffed Bagel Fruit Lunch Chicken Ala King w/ Rice Daily Vegetable Fruit	24 Breakfast Breakfast on a Stick (t) Fruit & Juice Lunch Pork Nachos w/ Cheese Sauce Pinto Beans Fruit of the Day	25 Breakfast Fried Rice w/ Ham & Egg (p) Fruit Lunch BBQ Pork Sandwich Daily Vegetable Fruit	26 Breakfast Cereal Bar Fruit & Juice Lunch Chicken Drumstick with Red Rice Daily Vegetable Assorted Fruit	27 No School Parent/Teacher Conferences
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Milk is OPTIONAL at Lunch time Only (required at breakfast)

30 Breakfast Bagel w/ Cream Cheese Fruit Lunch Spaghetti w/ Meat Sauce (b) Assorted Vegetable Daily Fruit	31 Breakfast Sausage Breakfast Pizza (t) Fruit & Juice Lunch: Beef Nachos w/ Cheese Sauce Black Beans Fruit	 Have a HAPPY Halloween		
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Menus are subject to change due to product availability

This institution is an equal opportunity provider.

9.25.23

Signature